



5.3 Atlantic Highlands



Grass-Leaved Goldenrod

(*Euthamia graminifolia*)



LIGHT: Full sun
WATER: Low to average
SEASON OF INTEREST: Summer through fall
HEIGHT: 3-6 ft
DURATION: Perennial
 This bushy plant has dense yellow flowers that support a wide variety of insect species and songbirds. This species has no serious pests or diseases.



Autumnale Sneezeweed

(*Helenium autumnale*)



LIGHT: Full sun
WATER: Average to high
SEASON OF INTEREST: Mid summer through fall
HEIGHT: 3-5 ft
DURATION: Perennial
 This showy perennial provides a pop of color in the late summer to fall season. It is tolerant of many soil and water conditions but performs best in wet, well draining soil.
 *Not native to northern half of ecoregion



Woodland Sunflower

(*Helianthus divaricatus*)



LIGHT: Partial sun
WATER: Low
SEASON OF INTEREST: Summer through fall
HEIGHT: 2-6 ft
DURATION: Perennial
 This sunflower produces a profusion of 2 inch across yellow flowers that are attractive to many species. This plant is deer resistant, relatively pest and disease free, and can be divided every few years.



Common Evening Primrose

(*Oenothera biennis*)



LIGHT: Full sun to partial sun
WATER: Low to average
SEASON OF INTEREST: Summer through fall
HEIGHT: 3-5 ft
DURATION: Perennial
 This fragrant flower produces a profusion of yellow flowers that open in the evening and close in the morning. This species blooms in its second year, and the whole plant is edible.



Black-Eyed Susan

(*Rudbeckia hirta*)



LIGHT: Full sun
WATER: Low to average
SEASON OF INTEREST: Summer through fall
HEIGHT: 2-3 ft
DURATION: Short-lived perennial
 This short-lived perennial with 3 inch blooms self seeds and can tolerate a wide range of growing conditions. It has no serious pests or diseases and is deer resistant.



Cutleaf Coneflower

(*Rudbeckia laciniata*)



LIGHT: Full sun to partial sun
WATER: Average to high
SEASON OF INTEREST: Mid summer through fall
HEIGHT: 3-9 ft
DURATION: Perennial
 This 3-4 inch flower grows well in a large pot with support, and its attractive seedheads extend the season of interest into the winter. It has no serious pests or diseases and is deer resistant.



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White Goldenrod

(*Solidago bicolor*)



LIGHT: Full sun to partial sun
WATER: Low to average
SEASON OF INTEREST: Mid summer through fall
HEIGHT: 1-3 ft
DURATION: Perennial
 This plant is attractive to pollinators and birds while being resistant to deer. Once established, this plant is drought tolerant. Deadheading should be used to avoid self seeding.



Wreath Goldenrod

(*Solidago caesia*)



LIGHT: Full sun to partial sun
WATER: Low to average
SEASON OF INTEREST: Late summer through fall
HEIGHT: 1-3 ft
DURATION: Perennial
 This plant bears a profusion of flowers in late summer that are highly attractive to a variety of species. This less aggressive goldenrod is deer resistant with no serious pests or diseases.



Old Field Goldenrod

(*Solidago nemoralis*)



LIGHT: Full sun
WATER: Low to average
SEASON OF INTEREST: Summer through fall
HEIGHT: 1-2 ft
DURATION: Perennial
 This plant is a less-aggressive, shorter alternative to tall goldenrod. Its showy, yellow flowers are attractive to birds and pollinators and provides a splash of color to the late season. It can tolerate poor, dry soil.



Blue Wood Aster

(*Symphyotrichum cordifolium*)



LIGHT: Full sun to partial sun
WATER: Low to average
SEASON OF INTEREST: Late summer through fall
HEIGHT: 2-5 ft
DURATION: Perennial
 This densely flowering plant is a stunning late season choice, providing nectar to butterflies and visual interest. This species is generally pest free and deer resistant.



Calico Aster

(*Symphyotrichum lateriflorum*)



LIGHT: Full sun to partial sun
WATER: Average
SEASON OF INTEREST: Late summer through fall
HEIGHT: 1-2 ft
DURATION: Perennial
 This plant produces unique white flowers with berry-pink centers late summer through fall. It is a great source of nectar to butterflies and bees. Susceptible to powdery mildew.



New England Aster

(*Symphyotrichum novae-angliae*)



LIGHT: Full sun to partial sun
WATER: Average
SEASON OF INTEREST: Late summer through fall
HEIGHT: 4-6 ft
DURATION: Perennial
 This easy to grow plant produces purple, daisy-like flowers with a yellow or red center that attracts pollinators. Do not worry if flowers close at night or in cloudy weather, they will perk up once the sun returns. Resistant to deer and rabbits.