



10.1 Cold Deserts



Fleabane Daisy

(*Erigeron speciosus*)



LIGHT: Full sun
WATER: Average
SEASON OF INTEREST: Summer through fall
HEIGHT: 1-2 ft
DURATION: Perennial
 This long blooming and virtually disease free flower provides resources to pollinators for months. Cut it back to encourage more flowers and growth.



Common Sunflower

(*Helianthus annuus*)



LIGHT: Full sun
WATER: Low to average
SEASON OF INTEREST: Mid through late summer
HEIGHT: 3-10 ft (dwarf varieties available)
DURATION: Annual
 These tall and showy flowers are easy and fun to grow, and the seeds are great for birds. Put only one plant in each pot and provide support as the plant grows.



Nuttall's Sunflower

(*Helianthus nuttallii*)



LIGHT: Full sun
WATER: Average to high
SEASON OF INTEREST: Fall
HEIGHT: 3-8 ft
DURATION: Perennial
 This late season flowering plant is an important source of nectar for migrating monarch butterflies in the fall and other pollinators. The seeds attract many birds, and are favored by goldfinches.
**Not native to northwestern portions of ecoregion*



Hairy False Goldenaster

(*Heterotheca villosa*)



LIGHT: Full sun
WATER: Low
SEASON OF INTEREST: Late spring through fall
HEIGHT: 1-3 ft
DURATION: Perennial
 This plant blooms 3-4 months starting in late spring. The bright yellow flowers produce a sage-like aroma and attract butterflies. It is drought tolerant and thrive in poor soil as long as it is well-draining.



Silvery Lupine

(*Lupinus argenteus*)



LIGHT: Full sun
WATER: Low
SEASON OF INTEREST: Summer
HEIGHT: 1-3 ft
DURATION: Perennial
 This species has stunning silvery-green leaves with spikes of blue to violet flowers. They are particularly attractive to humming-birds and butterflies. Plant in a deep pot due to long roots.



Western Coneflower

(*Rudbeckia occidentalis*)



LIGHT: Full sun
WATER: Average
SEASON OF INTEREST: Summer through fall
HEIGHT: 2-6 ft
DURATION: Perennial
 This unique flower has a large central cone with abundant pollen and nectar. Deadheading promotes further blooms, and this species is deer resistant with no serious pests or diseases.
**Not native to AZ and NM*



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White Heath Aster

(Symphyotrichum ericoides)



LIGHT: Full sun

WATER: Low to average

SEASON OF INTEREST:
Late summer through fall

HEIGHT: 1-3 ft

DURATION: Perennial

This densely blooming and compact plant resembles a spreading Juniper shrub when not in bloom. This low maintenance species does not have any serious pests or diseases.

**Not native to CA or NV*